



MEMORY CAFÉ

Every 3rd Tuesday of the month
2:00-3:30pm

130 S. Oak Park Avenue in Oak Park, Illinois

Memory Café offers a coffeehouse atmosphere with engaging programs for individuals who may be experiencing memory changes, along with their caregivers. Our monthly gathering offers opportunities for socialization, training, and education that help reduce isolation within a safe, friendly environment. Enjoy a supportive, caring network of individuals facing similar life experiences and learn practical tools to manage daily activities. **Join us in person or via Zoom by phone or online.**

Zoom access details:

Meeting ID: 980 5192 0291 • Passcode: AD8DrE

- To participate online, scan the QR code on the right.
- To join in by phone, call (312) 626-6799.



Non-Discrimination: Oak Park Township Senior Services does not discriminate in admission to programs or activities in compliance with the Illinois Human Rights Act, Section 504 of the Rehabilitation Act; The Americans with Disabilities Act; The Illinois and U.S. Constitutions. If you feel that you have been discriminated against, you have the right to file a complaint. Senior Services programs are made payable by funding, in whole or in part, from AgeOptions, the Older Americans Act, Illinois Department on Aging, private donations, and monies from Oak Park and River Forest Townships.

For more information, call (708) 383-8060 or email seniors@oakparktownship.org

Oak Park Township Senior Services • 105 S. Oak Park Ave, Oak Park, IL 60302