

Statistics

91%

of participants felt facilitators were caring and supportive

74%

of families report better communication as a result of participation in FACE IT

100%

of participants thought there were enough opportunities to interact with other participants

78%

of youth feel better prepared to avoid using alcohol, tobacco and other drugs

87%

of adults feel better prepared to help their children avoid using alcohol, tobacco and other drugs

Participant Feedback

“Great program. My son and I have better communication because of this program.”

“I now understand how abusing alcohol can negatively affect my parents and friends, and I don't want to do that to them.”

“I really believe that this program has helped me as much as my family. Now we all share our thoughts and problems.”

FACE IT can provide an environment where both parent and child can work together to facilitate healthy development for their families!



Evidence Based, Family Focused Alcohol, Tobacco, and Other Drug Education, Prevention and Early Intervention Program that Teachers Life Skills

FACE IT was established in 2010, in Oak Park and River Forest, and has served over 250 families.

For more information, contact Prevention Services at:

708.383.8005 X125

faceit@oakparktownship.org

Prevention Services

Oak Park & River Forest Townships

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**Families
Acting
Collaboratively
to Educate and
Involve
Teens**



Evidence Based, Family Focused Alcohol, Tobacco, and Other Drug Education, Prevention and Early Intervention Program that Teachers Life Skills

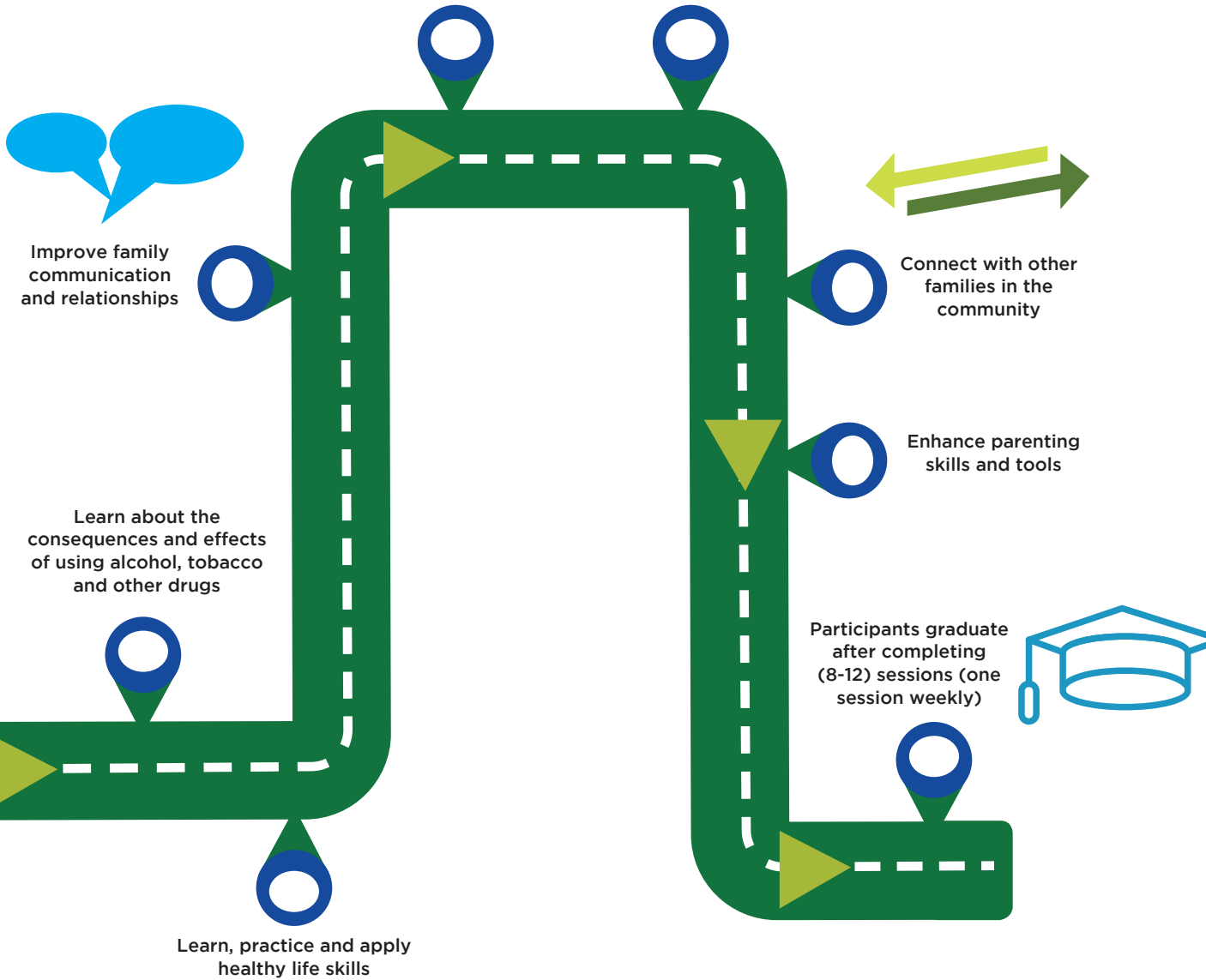


Funded by
Oak Park & River Forest Township

Program Goals

Can reduce incidents of alcohol, tobacco and other drug use and possession at school and in the community by learning to make better choices.

Develop and provide clear family rules and consequences regarding the use of alcohol, tobacco, and other drugs



Improve family communication and relationships

Learn about the consequences and effects of using alcohol, tobacco and other drugs

Learn, practice and apply healthy life skills

Connect with other families in the community

Enhance parenting skills and tools

Participants graduate after completing (8-12) sessions (one session weekly)



is about:

- Setting Goals
- Gateway Drugs
- Limits and Consequences
- Communication
- Families Living with Substance Abuse
- Anger Management
- Building Healthy Relationships
- Tobacco Use
- Making Healthy Choices
- Conflict Resolution
- Pharma Drug Misuse & Abuse
- Handling Stress
- Underage Drinking
- Marijuana

We offer:

- Education and Support
- Parent/Caregiver Involvement
- Ongoing, Open Classes
- Confidentiality
- Active Participation