Can teen substance use
and abuse be prevented?

TO PREVENT SUBSTANCE USE:

1. SET RULES
2. KNOW YOUR
CHILD’S FRIENDS
3. TALK
4. KEEP BUSY

TALK TO YOUR CHILD early on about what
you expect in this or her behavior toward alcohol,
tobacco, and other drugs. If your teen thinks
you will allow substance use, he or she is more
likely to try drugs or alcohol.

KEEP YOUR TEEN BUSY with
meaningful activities, such as sports, church
programs, or other groups.

EXPECT YOUR TEEN to follow the
household rules. Set reasonable consequences
for behavior that needs to change, and
consistently carry out the consequences.

LISTEN.

1. KNOW YOUR CHILD’S FRIENDS.
2. Having friends who avoid drugs, alcohol, and
substance abuse may be your teen’s best protection from
substance abuse.

LOCAL SUPPORT
GROUP MEETINGS

Alcoholics Anonymous
312.346.1475

Young People AA
Crane House
620 S. Wabash

Sue’s House
620 W. Jackson Blvd

Local Support Group Meetings

Al-Anon
888.425.2666

United Lutheran Church
404 S. Euclid

Methodist Church
405 S. Euclid

First Baptist Church
820 Ontario St

United Church of Oak Park
403 S. Euclid

First United Church of Oak Park
820 N. Lake St

Alateen
728 N. 7th Avenue

First United Church of Oak Park
820 N. Lake St

Families Anonymous
708.476.2274

First United Church of Oak Park
820 N. Lake St
Substance Use Treatment Partners

Presence Health  
708.410.0615
Several forms of insurance and Medicaid are accepted. Please call or visit the website to verify at www.presencehealth.org/accepted-insurance. All our services for adolescents and families begin with a comprehensive substance abuse assessment.

- **Intensive Outpatient Treatment Program (IOP)**
  Designed to help adolescents who are struggling with drinking or substance abuse problems.

- **Teen Intervention Program (TIP)**
  4-session outpatient program designed to provide education and early intervention. It meets weekly and includes family involvement.

- **Continuing Care**
  Ongoing weekly support groups for newly recovering teens and their parents. Services are offered in Melrose Park, Westchester and Berwyn.

Pillars Community Health  
708.745.5277
Several forms of insurance and Medicaid are accepted. Please call or visit the website to verify at www.pillarscommunity.org/about-pillars/payment-and-insurance

Pillars Community Health offers treatment for teens and adults who are diagnosed with substance use disorders.

- **Adolescent Outpatient and Intensive Outpatient Addictions Services**
  Our Adolescent Services provide treatment for teens ages 12-17 who are at risk for or are diagnosed with a mild or more severe substance use disorder. Staff offer a comprehensive assessment to determine level of care and a treatment plan. Services are offered in Hickory Hills and La Grange Park.

Rosecrance  
815.391.1000
Several forms of insurance and Medicaid are accepted. Please call or visit the website to verify at www.rosecrance.org

Adolescent substance abuse treatment facility

Rosecrance is a private not-for-profit behavioral health organization offering comprehensive addiction services for adolescents and adults, including prevention, intervention, detoxification, inpatient and outpatient treatment, recovery homes, dual diagnosis care, and family education. Rosecrance offers multiple sites in Rockford and northern Illinois, and the Chicago area including Oak Park, Lakeview, Northbrook, Naperville and Frankfort. An assessment is provided at no charge to determine which level of care is recommended. Visit the website at www.rosecrance.org for more information regarding specific programs as not all services are offered in all locations.

FREE Comprehensive Assessments

Other Treatment Programs

**Healthcare Alternative Systems (HAS)**  
708.498.0200
Gender-specific outpatient (OP) and intensive outpatient (IOP) groups addressing adolescent substance abuse.

**Alexian Brothers Behavioral Health**  
800.432.5005
Adolescent Intensive Outpatient, Partial Hospital and Inpatient Chemical Dependency Program.

**Hazelden**  
866.253.5070
Outpatient Addiction Treatment for Young Adults and Adults.

**Linden Oaks**  
630.305.5027
Offers a variety of services at each stage of the addiction and recovery process.

**Gateway**  
877.505.4673
Treatment Center provides affordable and effective Inpatient Programs and Day Treatment Programs.

Education Programs

**Presence Health Strengthening Families Program**  
708.410.0615
Family program (10 weeks) that helps families get along better, talk to each other, resolve conflicts, show respect, and much more. Meal provided.

**FACE IT**  
708.445.2727 ext. 220 or to register go to www.oakparktownship.org
Family Focused, Alcohol, Tobacco, and Other Drug Education, Prevention, and Early Intervention Program for Youth and Their Parents or Caregivers (6-12 weeks)

**Rosecrance Prevention and Early Intervention**  
815.391.1000
Client & Family program with a focus on drug education and decision making (3 weeks)

NEED HELP RIGHT NOW?  
Confidential text line: Support4U  844-670-5838