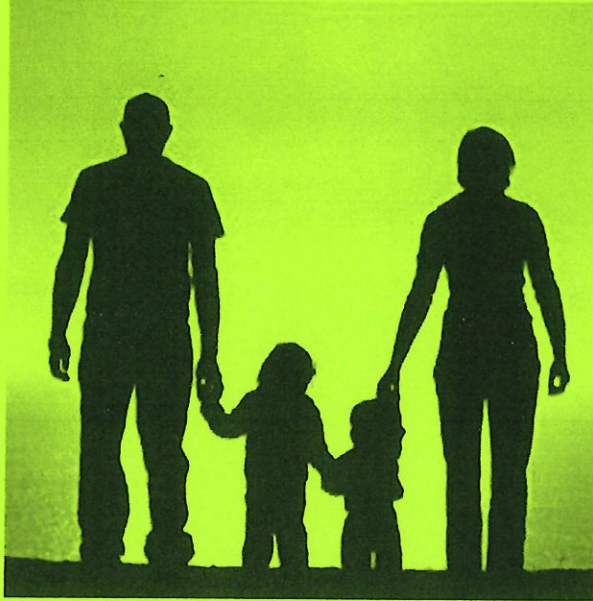


Fred Parent Support Group



Fred is a free and independent support group for parents of children, teens, and young adults (25 and under) with mental illness and/or severe behavioral problems. The group is led by parent volunteers and meets in person and online to share resources, experience and support, and to host expert speakers. Whatever you are experiencing, we've been there and we understand!

Fred meets most months from 12-1:30 p.m. on the 3rd Tuesday in the first floor meeting room at the River Forest Public Library, 435 Lathrop Ave., River Forest. We also have occasional evening meetings with expert speakers.

Next meetings in 2020 will be:

Jan. 21, Feb. 18, March 17, and April 21

For more information about Fred, or to join the listserv to receive meeting notices and articles of interest, contact the Fred Leadership Team at: fredparents@gmail.com