

COFFE MONDAYS, 10-11 AM



April 1

Jeanette Guzman, Senior Lifestyle Specialist at Victory Centre of Galewood, will talk about the Illinois Supportive Living Program.

May 6

Susan Schwarting from Center for Serenity will present on Meditation and Health Rhythms.

June 3

Sonya Tomkins from the Attorney General's Office will be our Speaker with a focus on protecting yourself against Scams and Fraud.



There is no Coffee Monday in July

Gather Discover Engage

The first Monday morning of every month come for coffee, breakfast snacks, and conversation. It's a great way to get to know your neighbors and library staff!

Brought to you in partnership with River Forest Township.

Presentations are strictly informational in nature. Speakers and their organizations are not endorsed by the River Forest Township or River Forest Library.

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