

## PREVENTION SERVICES PROGRAMS

SUPPORTING THE WELL-BEING OF YOUTH AND FAMILIES



# YOUTH & FAMILY SERVICES

SERVING OAK PARK & RIVER FOREST





### **Prevention Services Programs**

Through the use of the Strategic Prevention Framework, we seek to reduce and prevent adolescent substance use. Our approach includes youth prevention education, communication campaigns, peer-to-peer education, parent workshops, and liquor compliance checks. We engage youth, families, schools, local organizations and partners, including the Parent University with the D200 Mental Health Collaboration, to promote healthy behaviors and well-being. Our team understands recovery is an ongoing process of change through which individuals improve their health and wellness. In addition to raising awareness and reducing stigma through community outreach, we also offer support and quidance to those in recovery.

#### Substance Misuse

Our services include Positive Youth Development, a workgroup and coalition of community and national organizations. Through the Partnership to End Addiction and the Community Partners Network, families can access resources to treat addiction.

#### **Suicide Prevention**

Talk Saves Lives™ is a community-based presentation that covers the general scope of suicide, the research on prevention, and what people can do to fight suicide. Attendees will learn the risk and warning signs of suicide, and how together, we can help prevent it.

#### OAK PARK TOWNSHIP YOUTH & FAMILY SERVICES

105 S. Oak Park Avenue, Oak Park, IL 60302

Phone: (708) 445-2727 | Fax: (708) 383-8062

oakparktownship.org



