



OAK PARK  
TOWNSHIP

## YOUTH ENGAGEMENT PROGRAM

SUPPORTING THE MENTAL HEALTH  
AND WELLNESS OF YOUTH



YOUTH & FAMILY  
SERVICES

SERVING OAK PARK & RIVER FOREST

The **Youth Engagement Program**, part of Oak Park and River Forest Townships Youth and Family Services, offers a variety of free services to support the mental health and wellness of **youth ages 6-18**.

If you've experienced a crisis or traumatic event, are feeling anxious or depressed, and/or aren't sure of where to start, our experienced staff are trained to assist you. Our knowledgeable and experienced staff provides confidential individual counseling and group counseling to assist if you are experiencing:

- Anxiety/Depression
- Crisis/Trauma
- Behavioral Challenges
- Gang Involvement
- And other stressors

We also have a mentoring program designed to support you in identifying and achieving your goals.

This program is a collaboration of nine local government agencies from both communities who are committed to providing you with resources and assistance. Together, we provide a holistic approach to helping you receive individual support to thrive at home, in school, and in the community:

Oak Park Township • River Forest Township  
District 200 • District 97 • District 90  
Oak Park Public Library • River Forest Public Library  
Park District of Oak Park • River Forest Park District

To sign up for the Youth Engagement Program, call us at (708) 445-2727 or download our program referral form at [oakparktownship.org](http://oakparktownship.org).



## OAK PARK TOWNSHIP YOUTH & FAMILY SERVICES

105 S. Oak Park Avenue, Oak Park, IL 60302

Phone: (708) 445-2727 | Fax: (708) 383-8062

[oakparktownship.org](http://oakparktownship.org)



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