

DESTINATION:



# MEMORY CAFÉ

## TUESDAYS, 2-4 PM

### Third Tuesday of the Month

A Memory Café is a welcoming place for individuals living with memory changes along with their families and friends. Join for conversation and enjoyable activities in an informal setting. This program is sponsored by Senior Services of Oak Park and River Forest Townships, with support from the River Forest Library. **Registered participants will receive an email with the zoom link.**



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